

For all the highs and lows, the FISU World Winter University Games was certainly memorable! The multisport event was hosted in Torino, Italy with my personal highlight of walking out at the opening ceremony with the rest of Team GB. Unfortunately, it was a frustrating 2 weeks of biathlon not being able to deliver a complete race of skiing and target shooting. However, I finished on a high to combine good ski speed with great accuracy to gain 17 places in the one race! Overall lots of lessons were learnt and I can take valuable experience from such a big multi sport event. Although, I definitely won't miss eating rice 2 meals a day for 14 days or the hotel being from a converted hospital halfway up a mountain with 12 hairpin bends on every journey!

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